



# SWALLOWS NEST

## The Swallows Menu

### Starters Stone Baked Pizzas

#### SOUP OF THE DAY (GFO) - 5.00

*Homemade Soup served with crusty bread*

#### TEMPURA GOATS CHEESE BONBONS - 7.00

*Battered Goats Cheese Bonbons served with a mixed leaf salad and sweet chilli sauce*

#### HALLOUMI BITES - 6.50

*Breaded Halloumi Bites served with hot honey topped with chilli flakes*

#### HOMEMADE SCOTCH EGG - 6.25

*Warm soft-boiled egg wrapped in Welsh pork sausage meat coated with breadcrumbs served with a leaf salad and apple chutney*

#### HOMEMADE MUSHROOM PÂTÉ (VG) - 5.25

*Served with toasts and salad*

#### CAMEMBERT SHARER (GFO) - 10.50

*Freshly baked camembert served with toasts and leaf salad*

*12-inch pizzas made with homemade dough*

#### CLASSIC MARGHERITA - 10.95 (V)

*Topped with Italian style tomato sauce topped with freshly grated mozzarella*

#### PEPPERONI PIZZA - 11.25

*A classic margherita topped with plenty of pepperoni*

#### GOATS CHEESE AND CARAMELISED RED ONION

#### PIZZA - 12.95 (V)

*A classic Margherita pizza topped with baked goats' cheese and caramelised red onion*

#### VEGETARIAN PIZZA - 12.25 (V)

*A classic Margherita topped with mushrooms, bell peppers, sweetcorn, and red onion*

#### MEAT FEAST - 13.50

*A classic margherita topped with chicken breast, pepperoni, sausage, and spicy beef*

### Main Dishes

#### WELSH STEAK AND VEGETABLE PIE - 11.25

*Homemade pie served with skin on chips, garden peas and gravy*

#### 8oz SWALLOWS STEAKBURGER - 12.50

*Welsh beef patty and cheddar served on a brioche bun with skin on chips and homemade coleslaw.*

#### HADDOCK AND CHIPS - 11.25

*Battered haddock served with skin on chips and mushy peas*

#### HOMEMADE WELSH BEEF LASAGNE - 12.95

*Served with garlic ciabatta and a leaf salad*

#### BRAISED WELSH LAMB SHANK - 16.65

*Served with minted mashed potato, tender stem broccoli and a rich lamb gravy*

#### GARLIC BALTI

*Served with lemon and coriander rice and naan bread*

*WITH CHICKEN 12.25*

*WITH VEGETABLES 11.25*

#### MUSHROOM STROGANOFF - 12.00 (VG)

*Served with steamed rice*

#### 100Z GAMMON STEAK WITH FRIED EGG AND

#### PINEAPPLE - 13.00

*Served with mushrooms, garden peas and battered onion rings*

#### 100Z RIBEYE STEAK - 20.95

*Served with cherry tomatoes, mushrooms, garden peas and skin on chips.*

*ADD PEPPERCORN SAUCE -2.25*

### Sides

#### SKIN ON CHIPS - 3.00

#### FRIES - 3.50

#### SWEET POTATO FRIES - 3.50

#### ONION RINGS - 3.00

#### MIXED SALAD - 2.50

#### GARLIC BREAD - 3.25

#### CHEESY GARLIC BREAD - 3.75

#### MIXED VEGETABLES - 2.50

#### COLESLAW - 2.20

(V) - Vegetarian  
(VG) - Vegan  
(GFO) - Gluten Free

*Our staff are happy to provide allergen guidelines for all our menu items, for more detailed information please speak with a member of the team. We take additional measures when aware of allergies, but as our food is prepared and freshly cooked to order in the kitchen, we cannot guarantee all traces of allergens and gluten are completely removed.*

*Prices correct at the time of publication*



# SWALLOWS NEST

## Sandwiches and Wraps

ALL SERVED UNTIL 5PM

### TUNA MELT - 6.00

*Served with skin on chips and homemade coleslaw*

### BLT - 6.00

*Classic BLT on toasted Tan Lan bread served with skin on chips and homemade coleslaw*

### PRAWN SANDWICH - 6.50

*Served with skin on chips and homemade coleslaw*

### BBQ CHICKEN AND CHEESE TOASTED CIABATTA - 6.50

*Served with skin on chips and homemade coleslaw*

### HALLOUMI WRAP - 7.00

*Grilled halloumi, salad and sweet chilli wrap served with skin on chips and homemade coleslaw*

### WELSH RAREBIT - 7.00

*Homemade rarebit topped with a fried egg and bacon served with skin on chips and homemade coleslaw*

## Children's Menu

### CHICKEN NUGGETS - 6.50

*Battered chicken breast served with fries and baked beans*

### MARGHERITA PIZZA - 6.50

*Stone baked pizza served with fries and baked beans*

### SAUSAGE AND MASH - 6.00

*Served with garden peas and gravy*

### PENNE PASTA BOLOGNESE - 6.00

*Served with garlic bread*

## Homemade Desserts

### APPLE AND BLACKBERRY CRUMBLE - 5.50

*Served with hot custard*

### TRIPLE CHOCOLATE BROWNIE - 5.50

*Served with Parisella's of Conwy vanilla ice cream*

### ETON MESS - 5.50

*A traditional mix of strawberries and raspberries, crisp meringue pieces and fresh whipped cream topped with strawberry coulis*

### PARISELLA'S OF CONWY MANGO SORBET - 1.90 per scoop

### PARISELLA'S OF CONWY ICE CREAM 1.80 per scoop -

*Choose from; Luxury Vanilla | Dairy Strawberry | Triple Chocolate*

*Salted Caramel | Vegan Vanilla | Vegan Caramel*